

Is This All There Is?

And welcome to you all. It is Portia and the guides, and your question this week is, “Is This All There Is?”

We see how many human beings scratch their heads and wonder about the human lifetime. All of the details of the daily life seem to consume human beings. And then at points they lift their heads up and ask, “Is this all there is?” The laundry? The taking care of the children? The meal preparation? The unsatisfying job situations? The global environment and activities going on? Is this all there is? Why are we here?

First, we will say there are many things about the human experience that the human mind does not understand. It grapples with the mysteries and tries to come up with answers that are tidy and tight. But we tell you, dear ones, the human mind is not capable of understanding all of the dimensions and aspects of the human experience.

We will remind you that your spirit which is infinite and ongoing – before this lifetime and after this lifetime – your spirit has intentions and requests for your human life. Listen to your spirit’s guidance. Ask your spirit, is this all there is? Ask your spirit, why am I here? What purpose to serve your requests? I am wanting to have this lifetime be the best and highest; to have it be fulfilled for you, my dear spirit. For your evolution. What are the lessons, the learnings, the opportunities, the possibilities for me in this lifetime for you?

This is the best way we can answer your question, is this all there is? There is so much richness. It is technicolor for you in this lifetime, if you will open your eyes and open your heart, and actually be present in each moment. This often means for you to slow down. It does not mean to walk in a laboring way or to slow your system down, but to be present, to be available to your spirit for the inspiration, the guidance, the perspective that your spirit has for you. And your spirit is right here with you, not somewhere far off way up in the heavens. Your spirit is present with you right now.

Your spirit has the answers you need in every moment. The human mind will rail and argue and say, “I want to see the whole picture so I can plan and I can be safe.” We ask you to be with your spirit. And remember your spirit is an aspect of God. Ask your spirit and ask God in every moment, what is for me to know and to do and to understand in this moment? And then in the next moment you ask, and then in the next.

Your human mind will not have the answers you seek when you ask the question, is this all there is? There is so much marvel and goodness and beauty and opportunity and possibility for you in your lifetime now. Open up to the goodness and guidance from your spirit and from God. Ask your questions of your spirit and God, and the answers will arrive for you in each moment.

Portia and the Guides

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