

Where Are You Seeking Approval?

And welcome to you all, it is Portia and the Guides. And our question for you this week is, Where Are You Seeking Approval?

We ask you to be quiet with this question, Where Are You Seeking Approval and from whom in your life? Is it your spouse, your partner, your children, your doctor, your community, your neighbor? Check this out within your system.

Seeing approval from other human beings is not your best choice. It is definitely a default for human beings as you go through life, to look to the left and right, wondering if those around you are approving of you. Are approving your choices. The steps you are taking in life. What you are doing in the moment. What you will do in the future. It is a constant litany if you listen to those outside of you.

We will remind you these individuals are just human beings with their own stories and history and agendas, opinions, beliefs. Why would you seek approval from others when your best choice is to seek approval from God? From Source. From that which created this beautiful earth realm, and that which designed your spirit in its perfection. Your spirit and God are the ones that you need to turn to for approval. For small choices and decisions and large ones. In each moment of your life guided by the best source, God and your spirit. And we remind you that your spirit is an aspect of God, like the ray of the sun, unique, special and aligned with God.

So, it is a simple question we ask you this week, but it has profound consequences for your life and for your joy and freedom and confidence, spontaneity, all that is provided for you. Those things that your heart desires are fulfilled by God, that which created you. No one else fulfills these promises to you, so do not look to others or to circumstances for approval. It is your ego, your limited human ego, that is looking for “atta boys” and pats on the back and confirmation that you are doing the “right things.” But that is at a different level of life, of vibration, of frequency, and not the one, the frequency, the level, the vibration that you are asking for in this lifetime. It is not what your heart desires, and that is why when you seek approval from the outside and not from God, it may be a moment’s blast of uplift to your ego when others are applauding you or saying, “Yes, do that, go that way!” But it is not enduring and lasting as when you look to God for guidance, direction, and approval. God and your spirit are where we are asking you to look to for the goodness and the confirmation and the approval which is the best and highest for you always.

This is a simple question, but it will require you to be “on it,” so to speak. And to be watching your thinking and watching your decision making. We think you will learn much – we know you will learn much – from the exercise this week.

Our love and blessings are with you always. Namaste.

Portia and the Guides

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Channeled by Susan