

The Golden Rule is Your Guiding Light

And welcome to you all. It is Portia and the Guides, and our topic this week is The Golden Rule is Your Guiding Light.

We know that you know what the Golden Rule is. It is about treating others as you wish to be treated. And being with others as you wish others to be with you. It is simple. It is about recognizing that all of life is God's family, your family, and treating your family with love, compassion, understanding, kindness, heart, goodness. All of the things that you wish to experience in your life.

We see how often human beings put themselves first. This is the machination of the ego, the false ego, that wants to be puffed up and out there and only considering itself, its needs for safety, security, and to avoid any risks of being embarrassed or being put down. The human ego mind is fear based, dear ones. This is a core understanding we ask you to hold in your life because it tells you that any guidance from your human mind that is not based on God's guidance has its own agenda, and it is coming from fear. So it actually is not an advocate of the Golden Rule because it feels vulnerable, it feels out of control. It does not agree that it needs to allow and accept life as it is and not try to dominate it and manipulate it.

The Golden Rule being your guiding light is what we are asking you to consider this week. Especially during these holiday times when the ego mind, the human narrow mind, can get amped up with fear about buying the perfect presents for the children, having the perfect brunch items for the in-laws, having enough time to do the holiday cards, to make the calls. All of this can be demands from your human limited mind that are not according to God.

So that is something we ask you as well. When the "To Do" list is upon you and you are feeling the demands of the "To Do" list, pause, come home to the center of your being and ask God, "Are these things your desire for me to do? What is for me to do? And what may I release into the future to do?"

So back to the Golden Rule, we ask you to experience this in your body as you listen to us. What does the Golden Rule feel like to you? Golden light. A heart that is peaceful and grateful and expansive, loving and overflowing with goodness to give to life.

The Golden Rule is your guiding light as a human being. Certainly, there are other principles and guide points for you as a human being and as a spirit having a human life. This one we are calling forward in this week for you to consider and to hold close to you as you are in your daily activities and engaging with life; to hold the idea and the essence of the Golden Rule which is love for life as you wish to experience the love of life as well.

It is a 360-degree rhythm, dear ones. As you give out love, true love, it returns back to you a hundredfold. Remember the Golden Rule and its truth this week.

Our love and blessings are with you always. Namaste.

Portia and the Guides

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Channeled by Susan