

## **Letting Go of the Outcome**

And welcome to you all. It is Portia and the Guides, and our topic this week is Letting Go of the Outcome.

We see how human beings are driven to achieve outcomes, goals, achievements, accomplishments, a settling of an answer or a solution that the mind wants to have happen.

The human mind is the culprit, dear ones, for all of the fear-based thinking that is in your mind. This mind has tried to make you believe that it knows fully what is best for you. That it knows the best outcome and so it, like a bull with horns, charges to that outcome, and in many ways leaves you behind. It is charging to an outcome that it thinks is the best for you and will keep you safe and risk free. It is so limited, dear ones. We ask you to recognize this.

When you let go of the outcome and ask God to be in charge of every detail of your life, including outcomes, this gives you all that you need, it provides you with the perfect outcomes according to God, that which created you, that which has every detail of your life in Its watchful and careful and loving hands.

God and the Mind of God is infinite and knows all. Knows all for you. What is best. The best timing. The best solution. Results. Outcomes.

It requires much trust on your part. Trusting that which the mind believes is not trustworthy because it is not tangible or the mind does not have experience with this kind of surrender. Surrender to your mind is often terrorizing to the mind because it is letting go of control which the mind is not about. Its wiring is about control. Controlling you. Controlling everything it possibly can, including outcomes. It tries to control others. It works to control the details of your life. And in many ways tethers you and constrains you from being open to and allowing your greatest good according to God to flow into your life. Abundance, freedom, love, satisfaction, reward.

So, letting go of the outcome in any situation is what we are asking you to do this week. It does not mean that you simply go somewhere and lay on the beach with an umbrella drink and you do not ask God for the best and highest for you. It requires you to ask God, infinite Love, for the best and highest results and outcomes in every situation, in every job scenario, relationship, life path. When you are asking for something that you do not understand, ask. Ask, ask, ask, God, the highest authority, that which is overseeing your life, this lifetime and every lifetime you have had and will have. Ask for the best and highest for you. Ask for the best and highest for all of life. This is what you and your heart, your true heart, desires.

We see that this will be a challenge for you and also fun as you observe how your mind tries to map out and pencil out the best outcome in any situation. So ask for what your heart desires in every situation. Ask God. And then surrender it all to God. And when your mind tries to come in and grab the wheel and turn left or right because it is fearful and does not feel in control, be aware of this energy and this impulse to freeze, to feel fear, to close down.

Surrender the outcome to God, Love. And see how the outcome is often not even imaginable to your mind but is brilliant for you and gives you all that you need in every situation, every circumstance.

Go forward and try this out this week. Watching your thinking. Watching your emotions. And giving over the outcome to God.

Our love and blessings are with you always. Namaste.

**Portia and the Guides**

Week of August 25, 2025

Channeled by Susan