

You Have the Power

And welcome to you all. It is Portia and the Guides, and our topic this week is, You Have the Power.

We see on earth right now how so many human beings are accepting the lie of powerlessness, of being a victim, that power is outside of themselves, so all they can do is receive from the outside those actions and behaviors that cause pain or discomfort, the feeling of being a victim.

You are not a victim. The power is within you to have the life that you desire, to have the quality of experience in your life that you desire. You have the power to choose in every moment – regardless of the outer circumstances – how you will respond, how you will consider and think about what is going on in your life, how you will choose to have the understanding about the situation, to grow from the situation, to take steps to change the situation. It is a full spectrum of choices that are available to you in every moment, and your thinking and how you respond to each moment is the key to having the life you desire.

When we say having the life you desire, we are not intending this means that you will live in a palace and be royalty and eat off of sterling silver plates and utensils and crystal goblets. This is an imagining of the ego mind. The ego mind is quite limited, this is your human mind, and it has formats and ideas that if you have these things you will be fine, you will be happy, you will be safe. These are grand illusions, so we ask you to know this, to be aware of this.

Your true life is one designed by that which created you, God. Your spirit asked for you to have this lifetime, with all of its intendings and with all of the people in your life, the circumstances, and the tools for you to get what is necessary for your spirit's evolution, for your evolution. So this means, yes, sometimes challenges and what is perceived as a difficulty. But dear ones, these are gifts. They are for you, not against you. They are for you to gain more power, more light, more space for that which you truly are to come forward in your human life, in the third dimension, in this realm on earth.

Some of you tend to go into the spirit realm and you do not want to deal with being a human being, but it is your spirit's desire to manifest God, your spirit, in the third dimension. So allow this by claiming the power within you. And it is not about your personal power and your personal self wrestling to overlord or dominate others. True power is effortless, truly, and it is a knowingness that you have the choice in every moment to align with God and your spirit. To see and understand your life circumstance, to take steps and actions if that is what is required for you to move forward and to evolve more fully. It is all there in every moment as you are at the center of your being, aligned with God and your spirit, and willing to take the steps to choose God, good, your spirit.

You have the power. The power is not outside of you. You are not a victim unless you choose that headset or idea, and then that is the story that will unfold for you until you choose differently.

Choose God. Choose your spirit. Choose the highest truth, and this is that you have the power. And this power comes from God, that which created you. And from your spirit, that which you truly are.

Our love and blessings are with you always. Namaste.

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Channeled by Susan