

When Your Life Plans Seem to be Falling Apart

And welcome to you all. It is Portia and the Guides, and our topic this week is When Your Life Plans Seem to be Falling Apart.

Let us begin by reminding you that your human, limited ego mind has all kinds of plans and roadmaps for you and blueprints for you that it continues to put in front of you and tap its finger on those plans to say, “Stay with the plan. I have your best interest in mind.”

This mind is extremely narrow and only knows limited information that it is capable of knowing. And this information comes from past experience, from your community, collective consciousness, the family that you grew up in – all kinds of barriers we will say and guardrails to keep you narrow. To keep you in line with what this human mind has in mind for you. It can’t possibly understand infinite Mind. Infinite Mind is God, that which created you. And that is your best source, intelligence and guidance for your life.

So when it seems that your life plans are falling apart, pause. Of course you will recognize this is happening because your emotional body will be trembling, quivering, afraid. Fear is the driving force of your human mind, and when the emotional body is tuning into this mind, fear comes forward. And it can paralyze you.

We ask you in this moment when it feels like everything is falling apart – the plan, the map, the blueprint – pause. Come back home to the center of your being which is neutral, and this is where God and your spirit and all knowingness reside. Come back to this central point and observe from a neutral space. The things that are falling apart, where they founded on God’s guidance for you? Were they founded on your authentic nature and being? Were they founded on the rock of your life designed by God? Or were they founded on fear and constraint and keeping you hostage to limit and fear?

It requires you to be quite neutral, dear ones. But coming from this neutral space you will see the grand view of why this is happening and how it is for your best. If the falling apart of the structures and the expectations is in alignment with what God has designed for you, it can be a moment of upset and disruption for your system which has been guided by the limits of your human mind and its plans. But hold steady, dear ones, hold steady so you see the truth of this picture and understand why it is occurring, this falling apart. It is as if scaffolding that has become outdated and rotten in many ways is falling away from your being and this is good, this is God at work. So stay open to it and allow the new perspectives to arrive.

Be gentle with yourself as you do this because there are many parts of you, most probably, that have been loyal to the pictures that your human mind has laid out for you. And you have been rolling along, guided by these instructions and education from your mind.

Stay in this neutral spot and allow all of the truth – this is the best and highest truth – from God to reveal itself to you. And it may not happen just in one instance as you do this work, this homework. Because revelation – yes it can happen all at once – often comes in waves. So stay open to the waves of

the revolution of the truth that is coming forward for you and all of the blessings and the expansion and the freedom and the joy that will follow.

Our love and blessings are with you always. Namaste.

Portia and the Guides

Week of March 17, 2025

Channeled by Susan