

## **Heaven is Within**

And welcome to you all. It is Portia and the Guides. And our topic this week is Heaven is Within.

When we say Heaven is Within, this is to say heaven is within you. We see how human beings look outside of themselves for heaven to be arriving, for everything to be just right. For everything to make sense to their human minds. For everything to be comfortable. Everyone to be happy. All of these ideas that the human mind believes are heaven are outside of themselves.

Think for yourself right now. When you have the thoughts about, “Well, if the garden were cleaned up I’d be happy,” or “If my job was more satisfying, I would be happy – that would be heaven,” or “My relationship. If it fulfilled me in greater ways, that would be heaven to me. That would make me happy.” Think about all of these things that are constantly coming through your mind as ideas that if something changed outside of you, it would be heaven, you would be happy.

The absolute truth is that heaven is within you. It has nothing to do with the outer circumstances of your life. We know this is a challenge to understand because you will be saying, “No, if these things were different, then heaven would be here, I would be living in heaven.” But dear ones, heaven is within you. Heaven. This is the God presence within you. The understanding that all that you are and all that you need, already is with you. There is no deficit to heaven within you. It is with you always, 24/7. This is how God designed the earth plane and God’s beloved children, of which you are one. Heaven within comes with you. It is like you came as a package with heaven within you.

So, we ask you to turn within and to have the awareness of how perfect and abundant and glorious and heavenly you are and your life is as well. Heaven within.

Your mind will make a case for all kinds of things that would be counter to this truth. And it can be very vocal and loud and protest, that, no, if things changed outside of you, you would feel heavenly. Heaven would arrive. But this is a lie, and we know you know this because as you have believed this – and let’s say you have taken care of cleaning up the garden – immediately the mind brings in something else that it is grumpy about or that needs to be done and gives you reasons for why you should not feel happy. Reasons why you should not feel at peace and in heaven.

Claim heaven. It is your divine right, and it is already a part of you. Heaven is within.

We ask you to reflect on this this week, and it requires you to create quiet space. It does not mean a full day; it can simply be a minute or two. But come home to your central core and experience heaven within. If the mind tries to come in, simply turn to it and say, “You are not allowed in this meeting. You are not invited,” and close the door. Quiet. Peace. Gratitude. Love. Self-worth. Confidence. All of these things are within you. Heaven is within you.

You will feel as you do this work greater joy, steadiness and love of life, love for God, love for yourself.

Our love and blessings are with you always. Namaste.

## **Portia and the Guides**

Week of September 23, 2024

Channeled by Susan