

How Do I Love the Life I Have?

And welcome to you all. It is Portia and the Guides, and your question this week is How Do I Love the Life I Have?

We thank you for this question because many human beings do not love the life they have. They wish it could be different in small things and large things. They wish it could look like their neighbor's or a friend's or someone else's life.

Dear ones, your life as designed by God and requested by your spirit is perfect, intact, whole, just what you need in this lifetime. Your spirit asked for your human life in this lifetime. And your spirit asked for special learnings for you for it to evolve and to continue on its life stream to unity with the God that created this realm, the God that created your spirit and brought forth this lifetime.

So, how do you love your life more completely, more fully, and get everything that your spirit asked for in this lifetime? It is for you to be present in every moment. Be present. Observe your moments, your thoughts. Are your thoughts from your spirit? From God? Are your thoughts guidance from God? Do you feel peace and joy and light in your moments? We ask you this because the human narrow limited mind will fill your thoughts with things that are wrong, things that you need to be afraid of, things that are not done, how you could be better, how you are not ever enough, and the ramblings go on and on.

We know you are aware of this and if you can be present in every moment with your experience and observe your thinking and then choose, do I want to accept and allow the thinking from the frightened, fear-based limited human mind, or in this moment ask God and my spirit what is the truth, what do I need right now. Staying in each moment your awareness will increase a thousand-fold. As you choose to listen to God and to your spirit and be in the frequency and vibration of your spirit, your life will unfold. The word "magically" comes to mind, but God is magic, truly. And this is not about the magician, but it is that everything is harmonious and in perfect timing, you are in right action, you are listening, you are following, and the unfoldment of your life is perfect, harmonious.

This is how you can love your life and love it more with your heart and with gratitude and with trust knowing that as you are guided by God – that which created you – and your spirit, you are in love with your life.

Be in love with your life as it is. All of the details, all of the pictures because they are here for you. Your life is not designed to be against you or to work in ways that are counter to you or make your life miserable. Your life is designed for you to learn and grow. Your limited mind might say that is miserable. But dear ones, your sight is higher, your frequency and vibration are in alignment with your spirit and with God. This is what you are asking for. Raising your vibration and frequency as you are grateful and loving your life every moment.

Our love and blessings are with you, always. Namaste.

Portia and the Guides

Week of July 15, 2024

Channeled by Susan