

Can You Flow with Life?

And welcome to you all. It is Portia and the Guides, and our question for you this week is, Can You Flow with Life?

So often we see how human beings grip and clutch and steer towards outcomes that they believe are for their best. The limited ego mind is directing this gripping, clutching, anxiety, worry, insecurity. It is all being led by the limited ego mind because it does not have the capacity to know infinite good unfolding every moment. This is the flow of life. This is what we are asking you today and this week. Can you flow with life? With infinite goodness, infinite inspiration, infinite energy and resource and funding? Can you flow, can you trust that God – that Creative Source which created this realm – is in charge of all of life, including you, your life, and every detail of your life. Your human mind cannot possibly imagine this infinite source of power and love for you and for all of life on earth. So it is a letting go of the worry and fear and “what-ifs” and insecurities of the human mind.

This we know is a big request because the dynamics of the human mind have been in effect for millennia. And so, humankind has simply accepted it as part of being human, and trying to manage it, and doing all kinds of things, including affirmations, which we know, have some goodness to them – because it takes the mind out of “woe is me” and puts it into a space of possibility. The truth, however, is that the mind does not wholeheartedly believe in affirmations, and in a way, if you can imagine, it crosses its arms over its chest and says, “Oh, right, that is not true. I really know what is true and you need to be fearful, you need to be skeptical of these affirmations. They are not really what you need. I am what you need. I know what you need.” So, there it is.

This human limited ego mind is distorted, it does not see the clear picture. It cannot because it is not built by God. When we say “built,” we mean designed by God. And that is what you are going towards. Living your fully authentic design of your life, design of who you are, design of your true nature which is unfettered and free and ever present in the moment, as God and your spirit are ever present and with you in the moment.

Can you flow with life? Be with this question this week and whenever you sense a tightness in your body and in your emotions – fear, worry, concern – pause. Ask the question, where is this coming from? Is it coming from my human mind or the Mind of God? And then ask for what is the truth. The truth is you are cared for, guided, guarded, protected every moment of your life. Always have been, always will be, by the tender loving Father/Mother God that created you, sustains you, is abiding with you every moment.

As you allow this trust within you to grow, as you see how when you choose to go with the flow of life, it is magical. It is always uplifting and carried forward by God. As you trust this and the trust grows, your life will become more joyful, freer, more guided by your intuition which is God speaking to you. It is a glorious path you will be on as you go with the flow of life.

Our love and blessings are with you, always. Namaste.

Portia and the Guides

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Channeled by Susan