

## **Taking Clues from Nature**

And welcome to you all. It is Portia and the Guides. And our topic this week is Taking Clues from Nature.

We wish to remind you, especially at this time of year when the seasons are changing, to look to Nature for guidance. For guidance in your life, making decisions, taking action. Nature and her unfoldment and the principles that guide Nature are true for you too because you are a part of Nature. You are not separate. This lie has been held for so long by mankind – that mankind was better than or had dominance over Nature. That belief has caused mankind to treat Nature unkindly, to take and take and take from Her, without any reciprocal love and giving.

All of life is part of Nature, and if you will turn to Nature and observe Nature as she unfolds, as she changes, adapts, blossoms, retreats into deeper levels depending on the season. Nature is magnificent and we ask you to pause and to observe her, even to ask her – as you are gazing up to the sky or onto a beautiful tree or out into your garden or walking through a beautiful park or forest – Nature is everywhere, all around you, loving you, supporting you, and Nature has many clues for you to bring you greater freedom, enlightenment, joy, spontaneity, delight.

We see that you most often take your clues from the media or from movies, tv shows, other peoples' opinions. Things that are not Nature. Nature will give you the truest answers, will show you what you need to see and to know. You must trust this, because the mind will say, what does Nature have to tell us? We know how to do this life on this planet, and Nature is just a piece of this, and Nature is to serve us. This is a devastation of Nature, of your life, and all of life, and this thinking and belief pattern must end.

As you develop a greater relationship with Nature and deeper love for her and the abundance that she has laid out for all of life, as you do this, your heart will become more and more settled. You will know more clearly in your life about questions you have and the truest and best answers. You will feel the peace you have not felt in your heart before. Because every human being knows the original design of life on earth, of Nature, of the earth supporting all of life, and life giving back and supporting Nature, earth, all of life. This requires great humility on your part. It also requires you to observe the thinking that comes into your mind as you do this exercise we are asking you to do this week.

Appreciate Nature. Ask for her guidance in every question you have, large and small. Be still and listen to her answer and feel her love and her great gratitude to you for recognizing who she is and her role and her gifts to all of life.

This will be a great blessing on you as you do this, and, as we said about taking clues from Nature, they can be small clues, they can be infinite clues that come to you. As you honor and love and appreciate Nature and the earth, the blessings will abound to you.

Our love and blessings are with you, always. Namaste.

**Portia and the Guides**

Week of September 25, 2023

Channeled by Susan