

## **Do the Right Thing**

And welcome to you all, it is Portia and the Guides. Our topic this week is, Do the Right Thing.

This may seem simple and you may say to yourself, well I always do the right thing. But check yourself, if you will. What are the things that circle around your mind to do? To call someone and say hello? To meet someone to apologize for some difficult words that you expressed? To get ahead of a project so that it will be elegant and easy when you finally sit down to do it in completion? There are many things, we see, that you often put aside doing, even though the still small voice within says to do something. And it is always a kind and tender voice, a whisper, an impulse, that suggests to do something. And there are many, many reasons why you say no, or you say not now, and you put it off.

God, good, guides you every minute of your life. You are here to manifest God and God's goodness. How could anything, any direction that comes from God be not correct or ill-timed? It is life – the creative force of life – unfolding through you. And as you listen and act on the guidance and direction, your life becomes so much more pleasurable, delightful, easy-going, rewarding, satisfying.

The voice inside that says, no, not now or no, I don't want to do that or I will be embarrassed if I do that – this voice is your narrow, limited ego mind. It sees possible danger to you. And its entire goal and reason for being is to keep you safe. And it has its own ideas about what safe is for you. So, as you listen to the guidance from spirit, more and more, and you see the outcome of blessings to you, to others, to the world, you will be priming the pump, exercising yourself to do this, ongoing.

This is a practice for you this week. And we ask you to stay quite in-tuned with this still small voice, which actually is God speaking to you, your spirit, guiding you. As you listen and follow and take action, you will feel the gifting and the blessings and the increase of light within your being and within your world.

We ask you to try this out this week, and do not beat yourself up if there are things that come up – whispers, guidance – and you feel compelled not to do that action at that point. Simply take notice and ask yourself, why am I not listening to this voice and following this voice. And you will hear answers and they may not be what you want to hear. But they will be limited, and they will be all about you and not about life, and they will be a sacrifice of you. This is an interesting thing to consider, but in a way, as you do not listen and follow, you are doing a small sacrifice of your true relationship with the God that created you. Again, do not beat yourself up. This is for your greater learning, your greater awareness and understanding of yourself.

Our love and blessings are with you, always. Namaste.

## **Portia and the Guides**

Week of July 10, 2023

Channeled by Susan