

Nonattachment to the Outcome

And welcome to you all. It is Portia and the Guides, and our topic this week is Nonattachment to the Outcome.

We see how many of you are driven by goals and achieving an outcome, a certain result, something that has a picture attached to it so that you can move forward to that picture. We ask you to release any attachment to an outcome in your life. Yes, it is good to have intentions and wishes and dreams and imaginings about your life; what you want. All of that is good. And yet, when you focus, and put your head down to stare at an outcome, you are narrowing all of the infinite possibilities that creation can bring to you in your life.

We understand that the ego mind wants to have a picture; something set in stone so it can feel safe, secure, telling you that you are on track, taking your rightful steps. But we ask you here to simply be in every moment of your life in right action. That means that you are asking the God that created you and your spirit for guidance, listening and following. If you want to also ask, where is this leading me to, you may do that. But do not attach to any picture that comes to mind that is something that says it is a successful outcome. Because, dear ones, as you already know, it is the journey in your human lives; it is not the destination. For as you already have seen many times in your lives, once you arrive at a destination, it can have a momentary feeling of celebration and success, yes, but then the ego mind begins to churn again, and often adds in a dollop of dissatisfaction. It is a big lie, this circle of setting your goals, seeing the picture of what it looks like, and then focusing your narrow view on that alone.

Again, we are not saying not to dream, not to have hopes and desires. These desires must come from your heart. And this heart is the heart of God, expressing through you; manifesting through you. So, the outcome may be something extraordinarily different than what your narrow, limited ego mind has on the plate for you. Allow yourself to open up. Open up to the plan, the unfoldment of your life as it is intended by God and your spirit.

Keep taking the steps in purity and love and joy as well in every moment. As you do this, your life will unfold in its magnificence – in the way that God and your spirit are designing it for you. Creation each moment is new. And so, any old pictures that you hold of goals and successes and achievements – we ask you to review all of these and to do a check/double check with God and your spirit. Are these things that Infinite Mind has in mind for you? And if they are not, release them. Even if they are long held in your consciousness. Because being rigid and gripping to things that no longer serve you is not what you are asking for here. As you grip and hold onto old, outdated beliefs and pictures, it does not allow space for the new, infinite, extraordinary opportunities and avenues that are awaiting you.

We ask you to practice this this week. The idea of watching your thinking and seeing when you are locking yourself into a particular outcome. Ask instead for the qualities of the experience that you wish for in a particular situation. For example, freedom, love, joy, spontaneity, generosity. These are what we ask you to be requesting – not a rigid picture of outcome.

This will be a great exercise for you all this week. We know you will appreciate it and love what comes to you – the added awareness and understanding of your own consciousness and well-being.

Our love and blessings are with you, always. Namaste.

Portia and the Guides

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Channeled by Susan